

FRAID KNOT

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FOR IMMEDIATE RELEASE:

FRAID KNOT: NEW CD TO BE RELEASED ON ST. PATRICKS DAY

Calgary based Celtic rockers, Fraid Knot, have announced the forthcoming release of their much anticipated follow up recording to the internationally acclaimed debut album “Hoist the Sails”. Scheduled for release on March 17, 2011, the new endeavor, entitled “**A Pint O’ Trad**” is a reflection on the band’s roots deeply seeded in the traditional Celtic music of Scotland, Ireland and of course, the Canadian East Coast. “We wanted to show the softer side to the band” states lead singer/front man, Byron Eddy of Sunnyside, Newfoundland. “We’ve always been known for our high-energy, aggressive Celtic-rock shows but we’ve also loved the opportunities that we get to play to smaller audiences and focus on the calmer, more traditional side to our style of music. We hang up the electric guitars, pack up the amplifiers and pull out the acoustic instruments. It’s a great change of pace for us and the audience.”

When asked to give us his take on the new album Eddy described, “We’d originally intended to do only traditional songs on this project, but one original (Meet Me Tonight) managed to sneak it’s way on to the track list as it just seemed to fit with the flow of the CD. We really attempted to get a raw, live off the floor kind of sound that highlighted our playing and tried to capture the vibe of one of these intimate performances.”

He concluded “Hoist the Sails was very good to us. The media really got behind the band with specials and features on radio stations across Canada, the U.S. and Europe so we can only hope this album does as well or better.”

Fittingly with the official release date of March 17, 2011 (St. Patrick’s Day) the band is preparing for an extremely busy spring and summer schedule that will show them promoting the new recording throughout Canada from Calgary all the way to Iqaluit, Nunavut.

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